

CA PHONE NUMBERS:

The Twelve Steps of Cocaine Anonymous

The Twelve Steps describe the Program of Recovery used by Cocaine Anonymous

1. We admitted we were powerless over cocaine and all other mind-altering substances — that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

The Twelve Traditions of Cocaine Anonymous

The Twelve Traditions comprise the organizational guidelines under which the autonomous groups of C.A. function

1. Our common welfare should come first; personal recovery depends upon C.A. unity.
2. For our group purpose there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for C.A. membership is a desire to stop using cocaine and all other mind-altering substances.
4. Each group should be autonomous except in matters affecting other groups or C.A. as a whole.
5. Each group has but one primary purpose — to carry its message to the addict who still suffers.
6. A C.A. group ought never endorse, finance, or lend the C.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every C.A. group ought to be fully self-supporting, declining outside contributions.
8. Cocaine Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. C.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Cocaine Anonymous has no opinion on outside issues; hence the C.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, television and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

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CO-ANON/ Denver

meeting closed

Info:

E-mail: info@co-anon.org <http://www.co-anon.org> **Phone:** (480)442-3869

CO-ANON contact information is listed as a courtesy. CO-ANON is not affiliated with Cocaine Anonymous in any way.

WHO IS A C.A. MEMBER?

While the name “Cocaine Anonymous” may sound drug-specific, we wish to assure you that our program is not. Many of our members did a lot of cocaine; others used only a little, and some never even tried coke. We have members who drank only on occasion, those who casually referred to themselves as drunks, and others who were full-blown alcoholics. Lots of us used a wide variety of mind-altering substances. Whether we focused on a specific substance or used whatever we could get our hands on, we had one thing in common: eventually we all reached a point where we could not stop.

According to C.A.'s Third Tradition, the only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. ***Whatever you may have been using, if it led you to this meeting, you're probably in the right place.*** Over time, virtually every single one of us has realized that our real problem is not cocaine or any specific drug; it is the disease of addiction.

It can be tempting to focus on our differences rather than our similarities, but this can blind us to potential sources of support in our recovery. As we hear other members’ stories, the most important question to ask ourselves is not, “Would I have parted with these people?” but rather, “Do these people have a solution that can help me stay sober?” We encourage you to stick around and listen with an open mind.

With its all-inclusive Third Tradition and First Step, Cocaine Anonymous welcomes anyone with a drug or alcohol problem and offers a solution. C.A.’s Twelve Steps are not drug-specific, and Cocaine Anonymous is not a drug-specific Fellowship. It doesn’t matter to us if you drank or what type of drugs you used; if you have a desire to stop, you are welcome here!

CA Colorado Area Assembly Meeting

Sunday's, 2:00pm-6:00PM
 Quarterly - February, May, August, November
Nov 17th 2:00PM – 6:00PM
7979 Meade St, Westminster, CO 80030

CA Colorado Area Service Committee

3rd Thursday, 6:30pm, In March, September, December
 3800 E. Hampden Avenue, Englewood, 80110

CA Colorado Area Committees Archives
CACOAreaArchive@gmail.com

H&I (Hospitals and Institutions)
 2nd Saturday, 11:00 am
 1193 S. Bannock St. Denver, 80223
CACOAreaHI@gmail.com

IT Committee
CACOAreaIT@gmail.com

LCF (Literature, Chips and Format)
 2nd Sunday, 12:30 pm, Small Room
 1193 S. Bannock St. Denver, 80223
CACOAreaLCF@gmail.com

PI (Public Information)
 2nd Thursday, 6:45 pm
 1193 S. Bannock St. Denver, 80223
CACOPiChair@gmail.com

State Convention (COCACO)
 TBD

Unity (Special Events)
 2nd Tuesday, 6:00 pm
 1193 S. Bannock St. Denver, 80223
CACOAreaUnity@gmail.com

District Meetings
District 1: 6:30PM – 1st Thursday
 10242 East 16th Avenue
 Aurora, CO 80010

District 3: 7:00PM 3rd Tuesday – (does not meet months of Area Assembly)
 10576 West Alameda Avenue
 Lakewood, CO 80226

Lifeline (subcommittee of H&I)
CALifelineofCO@gmail.com

Newsletter Committee
CACOAreaNewsletter@gmail.com

Phone Line
CACOAreaPhoneLine@gmail.com
PI Printing – B&W .06¢ page, Color .25¢ page
PIPrintingChair@gmail.com

Structure & By-laws
CACOAreaStructureBylaws@gmail.com

Calendar
UnityCalendarChair@gmail.com

District 2: 7:00PM – 4th Thursday
 1193 South Bannock Street
 Denver, CO 80223

Cocaine Anonymous Colorado Area Meeting List



Fall 2019

(Revisions contain minor changes,
 please do not dispose of prior revisions)

Colorado 24-Hour Information/Helpline:
 (866) 768-7709

CA Colorado Website: www.cacolorado.org

National Meeting Referral Line:
 (800) 347-8998

CA World Website: www.ca.org

CA of Southern Colorado 24 Hour Info/Helpline:
 (866) 647-9595

CA of Southern Colorado Website: www.casoco.org

"Cocaine Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from their addiction."

"The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. There are no dues or fees for membership; we are fully self-supporting through our own contributions. We are not allied with any sect, denomination, politics, organization or institution. We do not wish to engage in any controversy and we neither endorse nor oppose any causes. Our primary purpose is to stay free from cocaine and all other mind-altering substances, and to help others achieve the same freedom."

Serenity Prayer

*God grant me the **serenity** to accept the things I cannot change;
courage to change the things I can; and wisdom to know the difference.*

Denver Metro Area

Sunday		
9:00AM	Sunday Morning Meeting 2098 Pierce Street Edgewater, CO 80214	
9:30AM	Coconuts 2162 Lawrence Street Denver, CO 80205	
3:30PM	Welcome Home 1193 South Bannock Street Denver, CO 80223	SPKR 1 st Sun only
8:30PM	Drawing Closer (candlelight) 1193 South Bannock Street Denver, CO 80223	Prayer & Meditation
Monday		
10:00AM	Hope Not Dope 1280 Vine Street Denver, CO 80206	Step Study
12:00PM	Higher Noon 1193 South Bannock Street Denver, CO 80223	
6:30PM -8:00PM	Startin' Over 3356 N. Clayton Street Denver, CO 80205	
5:35PM	The 535 1193 South Bannock Street Denver, CO 80223	
7:00PM	White Out 1693 Quentin Street Aurora, CO 80045	
7:30PM	Safe Haven (Speaker last Monday) 1193 South Bannock Street Denver, CO 80223	(Women's Meeting)
8:00PM	Beyond Human Aid 10576 W. Alameda Avenue Lakewood, CO 80228	
8:00PM	Dragon's Den 3600 South Clarkson Street Englewood, CO 80113	House N.E. of Church
8:00PM	Truth or Dare 1820 Broadway Denver, CO 80202	
Tuesday		
10:00AM	Hope Not Dope 1280 Vine Street Denver, CO 80206	
12:00PM	Sniffing the Good Life 23 Inverness Way East Englewood, CO 80112	
12:00PM	Higher Noon 1193 South Bannock Street Denver, CO 80223	
5:35PM	The 535 1193 South Bannock Street Denver, CO 80223	
7:00PM	North Hope 7979 Meade Street Westminster, CO 80030	(enter SE side door)
7:00PM	Cigar Meeting 10242 East 16th Avenue Aurora, CO 80010	(Upstairs)

7:00PM	A Mile Higher 1411 Ogden Street Denver, CO 80218	
7:30PM	There Is a Solution 1193 South Bannock Street Denver, CO 80223	
8:00PM	Truth or Dare 1820 Broadway Denver, CO 80202	
9:00PM-10:00PM	B. U. R. N. – Beginners Unite Recovery 1450 S. Pierce Street Lakewood, CO 80232	<i>Location change</i> Inside church
Wednesday		
10:00AM	Hope Not Dope 1280 Vine Street Denver, CO 80206	
12:00PM	Higher Noon 1193 South Bannock Street Denver, CO 80223	
7:00PM	White Out - 1693 N. Quentin Street Aurora, CO 80045	
5:35PM	The 535 1193 South Bannock Street Denver, CO 80223	(Concepts & Traditions Study)
8:00PM	Truth or Dare 1820 Broadway Denver, CO 80202	<i>(Spkr on 3rd Wed. of month)</i>
8:00PM	Staying Stopped 7979 Meade Street Westminster, CO 80030	
8:30PM	Sno' More (candlelight) 1193 South Bannock Street Denver, CO 80223	
Thursday		
10:00AM	Hope Not Dope 1280 Vine Street Denver, CO 80206	<i>(Spkr on 1st Thursday of month)</i>
12:00PM	Higher Noon 1193 South Bannock Street Denver, CO 80223	
5:35PM	The 535 1193 South Bannock Street Denver, CO 80223	<i>Changed – Topic / Discussion</i>
7:00PM	The Way Out 10242 East 16 th Avenue. Aurora, CO 80010	<i>(Downstairs)</i>
8:00PM	Staying Stopped 7979 Meade Street Westminster, CO 80030	
8:30PM	Come as You Are 1193 South Bannock Street Denver, CO 80223	
Friday		
10:00AM	Hope Not Dope 1280 Vine Street Denver, CO 80206	Meditation
12:00PM	Higher Noon 1193 South Bannock Street Denver, CO 80223	
5:35PM	The 535 1193 South Bannock Street Denver, CO 80223	

6:00PM	Day at A Time 3355 S. Wadsworth Blvd #H-125 Lakewood, CO 80227	
7:00PM – 8:30PM	Nirvana 1750 Colorado Blvd. Denver, CO 80220	<i>Enter through S. Door</i>
7:00PM-8:30PM	Unity 10576 West Alameda Avenue Lakewood, CO 80226	
10:00PM (Open Again!)	Dark Side of the Spoon (candlelight) 1193 South Bannock Street Denver, CO 80223	
Saturday		
10:30AM-11:45AM	Meeting #1 1280 Vine Street Denver, CO 80206	
6:00PM	The Headache or the Hammer 3355 S. Wadsworth Blvd #H-125 Lakewood, CO 80227	
10:00PM	Dark Side of the Spoon (candlelight) 1193 South Bannock Street Denver, CO 80223	
Boulder		
Saturday		
8:00PM	Boulder Detox - Addiction Recovery 3180 Airport Road Boulder, CO 80301	This is <u>an H&I meeting</u> but is open for anyone to attend.
Breckenridge		
Thursday		
7:00PM	Broken rig 1700 Airport Road Breckenridge, CO 80424	Airport Auto Building
Castle Rock		
Monday's		
8:00PM	Not in Vein 404 Jerry St. Castle Rock, CO 80104	
Carbondale		
Thursday		
6:00PM	World of the Spirit 981 Cowen Drive Carbondale, CO 81623	Far left side Downstairs. See website for changes
Fort Collins		
Thursday		
7:30PM	Fo-Co 301 E Drake Rm. 019 Ft. Collins, CO 80525	
Longmont		
Tuesday		
7:00PM	Firing Lines 1117 Kimbark Street Longmont, CO 80501	
Parker		
	Both Parker Meetings are closed.	
Parker		
	Wheelchair accessible SPKR= Speaker Meeting	 Landline available

OPEN H&I MEETINGS - The sole purpose of a Hospital and Institutional (H & I) meeting is to carry the message of Cocaine Anonymous to those who are in hospitals and institutions. These meetings are brought into facilities by local C.A. members through the H & I Committee.

Sunday			
	7:00PM	Cottonwood 13455 W. 58 th Avenue. (58 th & Ward) Arvada, CO 80002	[WOMEN ONLY]
	7:00PM	Stepping Stones 1368 Elizabeth Street Denver, CO 80206	[WOMEN ONLY]
Monday			
	7:30PM	West Pines Treatment Center 3400 Lutheran Parkway Wheat Ridge, CO 80033	
Tuesday			
	6:00PM	Harbor Light 2136 Champa Street Denver, CO 80205	[MEN ONLY]
	7:00PM	Phoenix Concepts 2162 Lawrence Street Denver, CO 80205	
Wednesday			
	8:00PM	Miracle House 1150 Logan Street Denver, CO 80203	[WOMEN ONLY]
Thursday			
	6:00PM	Denver Drug Court Lindsey-Flanigan Justice Ctr. –Room 100 520 W. Colfax Avenue. Denver, CO 80204	[2nd Thursday of the month]
	6:15PM	Red Rock Recovery 12567 w. Cedar Dr #100 Lakewood, CO 80228	Speaker (3rd Thursday of the month)
	7:00PM	Harbor Light 2136 Champa Street Denver, CO 80205	[MEN ONLY]
New - 6:00PM			
	Outside Support Encouraged!	Denver Health Pavilion A, 9th Floor 777 Bannock Street Denver, CO 80204	Rm 903A
Saturday			
	7:30PM	Denver Cares 1155 Cherokee Street Denver, CO 80204	
	7:00PM	Sobriety House 121 Acoma Street Denver, CO 80223	
	7:00PM	Raleigh House Ranch 325 S. Almstead Rd Watkins, CO 80137	
	8:00PM	Boulder Detox - Addiction Recovery 3180 Airport Rd Boulder, CO 80301	(Goldenrod)